

*Backstage Coach Productions Presents*

**BEST MOVES FOR CONTEST**

# **CHOREOGRAPHY**

## **BLITZ™**

***GET N2IT & WIN!***

Appointments now available for contest choreography.

E-mail: [choreography@backstagecoach](mailto:choreography@backstagecoach)

### **1 DAY / ONE ROUTINE**

**The full package all in one day for six hours**

**\$25 per dancer**

*minimum of 30 dancers or \$750*

### **2 DAYS / ONE ROUTINE**

**Expect a performance ready product with  
More performance coaching for twelve hours**

**\$35 per dancer**

*minimum of 25 dancers or \$875*

### **2 DAYS / TWO ROUTINES**

**More choreography with two  
Competition routines for twelve hours**

**\$45 per dancer**

*minimum of 20 dancers or \$900*

# COMPETITION CHOREOGRAPHY

Choreography Blitz™ is an intense project designed for dance teams who want to gain an edge on the competition by training smart. The curriculum is focused on skills, technique, performance, and competition choreography.

## SKILLS & TECHNIQUE

The skills are extracted and taught before the choreography is introduced. Skills are broken down into the simplest form then built to performance levels with the proper technique emphasized.

## PERFORMANCE COACHING

Performance Coaching gives your team the energy, style, and acting tools to wow the judges.

## MUSIC SELECTION

*“Dance Performance Tunes”* list includes 65+ titles @ \$25 each.

- #1 DANCE PERFORMANCE TUNES**  
Jazz, Broadway, Lyrical, & Rocker Tunes
- #2 DANCE PERFORMANCE TUNES**  
Character, Novelty, and Tap Tunes

## MUSIC RECORDING

- Two copies of the music are professionally spliced and recorded on a CD @ \$95.

# 3 SCHEDULES!

**1 Day/One Routine   2 Day/One Routine   2 Day/Two Routines**

## **1 DAY / ONE ROUTINE**

*The full package all in one day for six hours*

*(You may substitute the morning session for an afternoon session from 1-8 p.m.)*

9-9:30 a.m.	Conditioning/Stretch	12-1 p.m.	Lunch
9:30-11 a.m.	Skills and Technique	1-3 p.m.	Set Choreography
11 a.m.-12 p.m.	Set Choreography	3-4 p.m.	Performance Coaching

## **2 DAYS / ONE ROUTINE**

*Expect a performance ready product with additional time for learning skills/technique & performance coaching for a total of twelve hours.*

### **FIRST DAY: FRIDAY AFTERNOON**

2-2:30 p.m.	Conditioning/Stretch
2:30-4 p.m.	Skills and Technique
4-5 p.m.	Set 1st Section of Choreography
5-6 p.m.	Dinner
6-8 p.m.	Set 1st Section of Choreography
8-9 p.m.	Performance Coaching

### **SECOND DAY: SATURDAY MORNING**

9-9:30 a.m.	Conditioning/Stretch
9:30-11 a.m.	Skills and Technique
11 a.m.-12 p.m.	Set 2 <sup>nd</sup> Section of Choreography
12-1 p.m.	Lunch
1-3 p.m.	Complete Choreography
3-4 p.m.	Performance Coaching

## **2 DAYS / TWO ROUTINES**

*More choreography with two competition routines for twelve hours.*

### **FIRST DAY: FRIDAY AFTERNOON**

2-2:30 p.m.	Conditioning/Stretch
2:30-4 p.m.	Skills and Technique
4-5 p.m.	Set 1 <sup>st</sup> Half of 1 <sup>st</sup> Routine
5-6 p.m.	Dinner
6-8 p.m.	Set 2 <sup>nd</sup> Half of 1 <sup>st</sup> Routine
8-9 p.m.	Performance Coaching

### **SECOND DAY: SATURDAY MORNING**

9-9:30 a.m.	Conditioning/Stretch
9:30-11 a.m.	Skills and Technique
11 a.m.-12 p.m.	Set 1 <sup>st</sup> Half of 2 <sup>nd</sup> Routine
12-1 p.m.	Lunch
1-3 p.m.	Set 2 <sup>nd</sup> Half of 2 <sup>nd</sup> Routine
3-4 p.m.	Performance Coaching

**BackstageCoach.com**

# PERFORMANCE PACKAGE

<b>1 DAY/ONE ROUTINE</b> <b>The full package all in one day for six hours.</b> \$25 per dancer <i>with a minimum of 30 dancers or \$750</i>	TOTAL NO. OF DANCERS @\$25 = _____
<b>2 DAYS/ONE ROUTINE</b> <b>Expect a performance ready product with more performance coaching for twelve hours.</b> \$35 per dancer <i>with a minimum of 25 dancers or \$875</i>	TOTAL NO. OF DANCERS @\$35 = _____
<b>2 DAYS/TWO ROUTINES</b> <b>More choreography with two competition routines for twelve hours.</b> \$45 per dancer <i>with a minimum of 20 dancers or \$900</i>	TOTAL NO. OF DANCERS @\$45 = _____

## MUSIC SELECTION

“Dance Performance Tunes” includes a list of 65+ titles @ \$25 each.

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- #2 DANCE PERFORMANCE TUNES  
Character, Novelty, and Tap Tunes

## MUSIC RECORDING

- Two copies of the music are professionally spliced and recorded on a CD @ \$95

Director's Name: \_\_\_\_\_

School Name: \_\_\_\_\_

School Address: \_\_\_\_\_

School Phone: \_\_\_\_\_

Home Address: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_

**Mail the completed form and payment to: Backstage Coach Productions  
6019 Gentle Knoll Lane, Dallas, TX 75248 | 972-467-6114**